Efficient Algorithms for Robust Estimation in Linear Mixed-Effects Models Using the Multivariate $t$-Distribution

José C. Pinheiro, Chuanhai Liu, and Ying Nian Wu

Linear mixed-effects models are frequently used to analyze repeated measures data, because they model flexibly the within-subject correlation often present in this type of data. The most popular linear mixed-effects model for a continuous response assumes normal distributions for the random effects and the within-subject errors, making it sensitive to outliers. Such outliers are more problematic for mixed-effects models than for fixed-effects models, because they may occur in the random effects, in the within-subject errors, or in both, making them harder to be detected in practice. Motivated by a real dataset from an orthodontic study, we propose a robust hierarchical linear mixed-effects model in which the random effects and the within-subject errors have multivariate $t$-distributions, with known or unknown degrees-of-freedom, which are allowed to vary with groups of subjects. By using a gamma-normal hierarchical structure, our model allows the identification and classification of both types of outliers, comparing favorably to other multivariate $t$ models for robust estimation in mixed-effects models previously described in the literature, which use only the marginal distribution of the responses. Allowing for unknown degrees-of-freedom, which are estimated from the data, our model provides a balance between robustness and efficiency, leading to reliable results for valid inference. We describe and compare efficient EM-type algorithms, including ECM, ECME, and PX-EM, for maximum likelihood estimation in the robust multivariate $t$ model. We compare the performance of the Gaussian and the multivariate $t$ models under different patterns of outliers. Simulation results indicate that the multivariate $t$ substantially outperforms the Gaussian model when outliers are present in the data, even in moderate amounts.

**Key Words:** EM; ECM; ECME; PX-EM; Random effects; Repeated measures; Longitudinal data; Outliers.

*José C. Pinheiro and Chuanhai Liu are Members of Technical Staff, Bell Laboratories, Lucent Technologies, 600 Mountain Ave, Murray Hill, NJ 07974 (Email: jcp@research.bell-labs.com, liu@research.bell-labs.com). Ying Nian Wu is Assistant Professor, Department of Statistics, University of California, Los Angeles, CA 90095-1554 (Email: ywu@math.ucla.edu)*
1. INTRODUCTION

Linear mixed-effects models (Hartley and Rao, 1967) have become a popular tool for analyzing repeated measures data which arise in many areas as diverse as agriculture, biology, economics, and geophysics. The increasing popularity of these models is explained by the flexibility they offer in modeling the within-subject correlation often present in repeated measures data, by the handling of both balanced and unbalanced data, and by the availability of reliable and efficient software for fitting them (Wolfinger, Tobias and Sall, 1991; Pinheiro and Bates, 2000). The most commonly used linear mixed-effects model for a continuous response was proposed by Laird and Ware (1982) and is expressed as

\[ y_i = X_i \beta + Z_i b_i + e_i, \quad i = 1, \ldots, m, \]  

(1.1)

where \( i \) is the subject index, \( y_i \) is an \( n_i \)-dimensional vector of observed responses, \( X_i \) and \( Z_i \) are known \( n_i \times p \) and \( n_i \times q \) design matrices corresponding to the \( p \)-dimensional fixed effects vector \( \beta \) and the \( q \)-dimensional random effects vector \( b_i \) respectively, and \( e_i \) is an \( n_i \)-dimensional vector of within-subject errors. The \( b_i \) are assumed to be independent with distribution \( \mathcal{N}(0, \Psi) \) and the \( e_i \) are assumed to be independent with distribution \( \mathcal{N}(0, \Lambda_i) \), independent of the \( b_i \). The \( q \times q \) covariance matrix \( \Psi \) may be unstructured or structured – e.g. diagonal (Jennrich and Schluchter, 1986). The \( n_i \times n_i \) covariance matrices \( \Lambda_i \) are typically assumed to depend on \( i \) only through their dimensions, being parametrized by a fixed, generally small, set of parameters \( \lambda \) – e.g. an AR(1) covariance structure (Box, Jenkins and Reinsel, 1994). The most popular estimation methods for the parameters in model (1.1) are maximum likelihood and restricted maximum likelihood (Lindstrom and Bates, 1988). Confidence intervals and hypothesis tests for the parameters are generally based on asymptotic results (Miller, 1977).

Though model (1.1) offers great flexibility for modeling the within-subject correlation frequently present in repeated measures data, it suffers from the same lack of robustness against outlying observations as other statistical models based on the Gaussian distribution. Following Barnett and Lewis (1995), we refer to an outlier as an observation (or set of observations) which appears to be inconsistent with the remainder of the data. An interesting feature of mixed-effects models is that outliers may occur either at the level of the within-subject error \( e_i \), called \( e \)-outliers, or at the level of the random effects \( b_i \), called \( b \)-outliers. In the first case, some unusual within-subject values are observed, whereas in the second case some unusual subjects are observed. Depending on the percentage of \( e \)-outliers and the number of observations per subject, it may not be possible to distinguish between the two cases from the data.

A vast statistical literature exists on robust modeling methods, with some authors concentrating more on methods for outlier identification (Barnett and Lewis, 1995) and others on methods for outlier accommodation (Huber, 1981; Hampel, Ronchetti, Rousseeuw and Stahel, 1986). We follow here the robust statistical modeling approach described in Lange, Little and Taylor (1989) and consider a version of model (1.1) in which the multivariate normal distributions for the \( b_i \) and
the $e_i$ are replaced by multivariate $t$-distributions, with known or unknown degrees-of-freedom, which are allowed to vary with subject. This approach can be regarded as outlier-accommodating, though it also provides useful information for outlier identification.

A special case of the multivariate $t$ linear mixed-effects model has been described by Welsh and Richardson (1997), using only the marginal distribution of the response vectors, without reference to the hierarchical structure of the model. In particular, they do not derive, or discuss, the distributions of the random effects and the error terms under the multivariate $t$ model, which help understanding the robustness of the model. In their description of estimation procedures, the degrees-of-freedom are assumed fixed and computational algorithms are not addressed.

A similar approach to the multivariate $t$ model, but restricted to the distribution of the $b_i$, has been considered by Wakefield, Smith, Racine-Poon and Gelfand (1994) and Racine-Poon (1992), within a Bayesian framework. Pendergast and Broffitt (1986) also have mentioned the multivariate $t$-distribution in connection with M-estimation for growth curve models. Robust estimation in mixed-effects models with variance components only (i.e. without covariance among random effects) using bounded influence estimators has been considered by Richardson and Welsh (1995) and Richardson (1997).

In Section 2, we describe growth curve data in which both $b$- and $e$-outliers seem to be present. The multivariate $t$ version of model (1.1) is described in Section 3. In Section 4 we describe efficient EM-type algorithms for maximum likelihood estimation in the multivariate $t$ linear mixed-effects model. We compare the robust maximum likelihood estimators obtained under the multivariate $t$-distribution to the Gaussian maximum likelihood estimators corresponding to model (1.1) in Section 5. Our conclusions and suggestions for further research are presented in Section 6.

2. AN EXAMPLE: ORTHODONTIC DISTANCE GROWTH IN BOYS AND GIRLS

Our data come from an orthodontic study of 16 boys and 11 girls between the ages of 8 and 14 years and were originally reported in Potthoff and Roy (1964). The response variable is the distance (in millimeters) between the pituitary and the pterygomaxillary fissure, which was measured at 8, 10, 12, and 14 years for each boy and girl. Figure 1 presents a Trellis display (Becker, Cleveland and Shyu, 1996) of the data, along with individual least-squares fits of the simple linear regression model.

Figure 1 reveals that the estimated slope for subject M13 is considerably larger than the remaining estimated slopes and that the responses for subject M09 are more variable around the fitted line. Overall, the responses for the boys vary more around the least squares lines, than do those for the girls. These features are more evident in the residuals plots by gender, displayed in Figure 2 and in the normal plots of the individual coefficients estimates, displayed in Figure 3. These plots suggest that two of the observations on subject M09 are $e$-outliers and that subject
M13 is a b-outlier. Subject M10 is also identified in Figure 3 because he is indicated as a possible b-outlier later in Section 5.1.

Figures 2 and 3 about here

Because both intercept and slope seem to vary with subject and the within-subject variation is larger among boys than girls, the following linear mixed-effects model can be used to describe the orthodontic distance growth with age.

\[ y_{ij} = \beta_0 + \delta_0 I_i(F) + (\beta_1 + \delta_1 I_i(F)) t_j + b_0i + b_1t_j + e_{ij}, i = 1, \ldots, 27 \text{ and } j = 1, \ldots, 4, \]  

(2.1)

where \( y_{ij} \) denotes the orthodontic distance for the \( i \)th subject at age \( t_j \), \( \beta_0 \) and \( \beta_1 \) denote respectively the intercept and the slope fixed effects for boys, \( \delta_0 \) and \( \delta_1 \) denote respectively the difference in intercept and slope fixed effects between girls and boys, \( I_i(F) \) denotes an indicator variable for females, \( b_i = (b_0i, b_1i) \) is the random effects vector for the \( i \)th subject, and \( e_{ij} \) is the within-subject error.

In Section 5.1, we compare the maximum likelihood estimates (MLEs) under the Gaussian version of the linear mixed-effects model (2.1) to the MLEs obtained under the multivariate \( t \) model described in Section 3.

3. A MULTIVARIATE \( t \) LINEAR MIXED-EFFECTS MODEL

The Gaussian linear mixed-effects model (1.1) can alternatively be written as:

\[
\begin{bmatrix}
  y_i \\
  b_i
\end{bmatrix}
\overset{\text{ind}}{\sim}
\mathcal{N}_{n_i+q}
\left(
\begin{bmatrix}
  X_i \beta \\
  0
\end{bmatrix},
\begin{bmatrix}
  Z_i \Psi Z_i' + \Lambda_i & Z_i \Psi \\
  \Psi Z_i' & \Psi
\end{bmatrix}
\right),
\]  

(3.1)

with \( \Lambda_i = \Lambda_i(\lambda) \) representing the within-subject variance-covariance matrix for subject \( i \), parameterized by a fixed set of parameters \( \lambda \). For robust estimation of \( \beta, \Psi, \) and \( \lambda \), we proceed as in Lange et al. (1989) and replace the multivariate normal distribution in (3.1) with the multivariate \( t \)-distribution:

\[
\begin{bmatrix}
  y_i \\
  b_i
\end{bmatrix}
\overset{\text{ind}}{\sim}
\mathcal{t}_{n_i+q}
\left(
\begin{bmatrix}
  X_i \beta \\
  0
\end{bmatrix},
\begin{bmatrix}
  Z_i \Psi Z_i' + \Lambda_i & Z_i \Psi \\
  \Psi Z_i' & \Psi
\end{bmatrix}, \nu_i
\right),
\]  

(3.2)

where \( \nu_i \) represents the multivariate \( t \)-distribution degrees-of-freedom (d.f.) for the \( i \)th subject. It follows from (3.2) that the \( y_i \) are independent and marginally distributed as

\[
y_i \overset{\text{ind}}{\sim}
\mathcal{t}_{n_i}
\left(X_i \beta, Z_i \Psi Z_i' + \Lambda_i, \nu_i\right),
\]  

(3.3)

which provides yet another characterization of the multivariate \( t \) linear mixed-effects model. If \( \Psi \) is assumed to be diagonal, \( \Lambda_i = \sigma^2 I \) for all subjects, and \( \nu_i = \nu \) are fixed for all subjects, (3.3) reduces to the model considered in Welsh and Richardson (1997).
The multivariate t model (3.2) can also be expressed as the marginal distribution of $\left[ y_i', b_i' \right]'$ in the following hierarchical models:

$$
\begin{align*}
\begin{bmatrix} y_i \\ b_i \end{bmatrix} \mid \tau_i \overset{\text{ind}}{\sim} N_{n_i+q} \left( \begin{bmatrix} X_i \beta \\ 0 \end{bmatrix}, \frac{1}{\tau_i} \begin{bmatrix} Z_i \Psi Z_i' + \Lambda_i & Z_i \Psi \\ \Psi Z_i' & \Psi \end{bmatrix} \right) \quad \text{and} \\
\tau_i \overset{\text{ind}}{\sim} \text{Gamma} \left( \frac{\nu_i}{2}, \frac{\nu_i}{2} \right), \quad i = 1, \ldots, m,
\end{align*}
$$

and

$$
\begin{align*}
\begin{bmatrix} y_i \\ b_i \end{bmatrix} \mid \tau_i \overset{\text{ind}}{\sim} N_{n_i+q} \left( \begin{bmatrix} X_i \beta + Z_i b_i, 0 \end{bmatrix}, \frac{1}{\tau_i} \Lambda_i \right), \quad b_i \mid \tau_i \overset{\text{ind}}{\sim} N(0, \frac{1}{\tau_i} \Psi) \quad \text{and} \\
\tau_i \overset{\text{ind}}{\sim} \text{Gamma} \left( \frac{\nu_i}{2}, \frac{\nu_i}{2} \right), \quad i = 1, \ldots, m,
\end{align*}
$$

where $\text{Gamma}(\alpha, \beta)$ denotes the gamma distribution with parameters $\alpha$ and $\beta$, defined by the probability density function $p(\tau) = \beta^\alpha \tau^{\alpha-1} \exp(-\beta \tau) / \Gamma(\alpha)$, $\tau > 0, \alpha > 0, \beta > 0$, with $\Gamma(\alpha) = \int_0^\infty t^{\alpha-1} \exp(-t) dt$ denoting the gamma function. As described in the sequel, this gamma-normal hierarchical representation of the multivariate t model leads not only to natural EM implementations for maximum likelihood estimation of the unknown parameters, but also to diagnostic statistics that are useful for identification and classification of outliers.

It follows from (3.4) and (3.5) that the multivariate t model can be written as

$$
y_i = X_i \beta + Z_i b_i + e_i, \quad i = 1, \ldots, m
$$

$$
b_i \overset{\text{ind}}{\sim} t_{\nu_i} (0, \Psi, \nu_i) \quad \text{and} \quad e_i \overset{\text{ind}}{\sim} t_{\nu_i} (0, \Lambda_i, \nu_i),
$$

with $b_i \mid \tau_i$ independent of $e_i \mid \tau_i$, implying that $b_i$ and $e_i$ are uncorrelated, but not independent, when $\nu_i < \infty$. The multivariate t model assumes that the random effects and the within-subject errors have multivariate t-distributions and, therefore, can accommodate both $b$-outliers and $e$-outliers.

From standard properties of the multivariate t-distribution (Johnson and Kotz, 1972), it follows that, for $\nu_i > 2$,

$$
\text{var} (b_i) = \frac{\nu_i}{\nu_i - 2} \Psi \quad \text{and} \quad \text{var} (e_i) = \frac{\nu_i}{\nu_i - 2} \Lambda_i, \quad i = 1, \ldots, m.
$$

Therefore, the interpretation of $\Psi$ and $\Lambda_i$ is different in the Gaussian model (1.1) and in the multivariate t model (3.2). Note, in particular, that $\text{var} (b_i)$ is allowed to change with $i$ in the multivariate t model, while it is independent of $i$ in the Gaussian model. Provided $\nu_i > 1$ in (3.2), both models have $E(y_i) = X_i \beta$, so that the fixed effects have the same interpretation in terms of linear regression: they represent the population average of the individual parameters.

In most applications, the degrees-of-freedom $\nu_i$ are not allowed to be different for each subject, as this would result in a large number of parameters to be estimated. Instead, they are usually assumed constant, $\nu_i = \nu$, for all $i = 1, \ldots, m$, or, more generally, they are allowed to vary with a small number of pre-specified groups of subjects

$$
\nu_i = \nu_{g(i)}, \quad i = 1, \ldots, m,
$$

(3.6)
where \( g(i) \in \{1, \ldots, k\} \) denotes the degrees-of-freedom group to which the \( i \)th subject belongs and \( \nu_1, \ldots, \nu_l \) are \( l \) distinct positive scalar parameters, which can be treated as known, or unknown. We shall focus here on the \( t \) linear mixed-effects model (3.2) with the constraints (3.6). Note that the degrees-of-freedom group membership for the different subjects needs to be specified with the model.

Integrating out the \( b_i \) in (3.5), we can express the distribution of \( y_i \) as the marginal distribution of the following hierarchical model.

\[
y_i | \tau_i ^{\text{ind}} \sim N \left( X_i \beta, \frac{1}{\tau_i} (\Lambda_i + Z_i \Psi Z_i') \right) \quad \text{and} \quad \tau_i ^{\text{ind}} \sim \text{Gamma} \left( \frac{\nu_{g(i)}}{2}, \frac{\nu_{g(i)}}{2} \right), \quad i = 1, \ldots, m. \tag{3.7}
\]

A useful consequence of (3.7) is that

\[
\tau_i | y_i ^{\text{ind}} \sim \text{Gamma} \left( \frac{\nu_{g(i)} + n_i}{2}, \frac{\nu_{g(i)} + \delta_i^2 (\beta, \Psi, \lambda)}{2} \right),
\]

where

\[
\delta_i^2 (\beta, \Psi, \lambda) = (y_i - X_i \beta)' (Z_i \Psi Z_i' + \Lambda_i)^{-1} (y_i - X_i \beta).
\] \tag{3.8}

Note that, in particular,

\[
E(\tau_i | y_i) = \frac{\nu_{g(i)} + n_i}{\nu_{g(i)} + \delta_i^2 (\beta, \Psi, \lambda)}.
\]

4. EFFICIENT EM ALGORITHMS FOR ML ESTIMATION

In this section, we consider the maximum likelihood (ML) estimation of the parameters in the multivariate \( t \) linear mixed-effects model (3.2). We describe three EM-type algorithms for ML estimation with known and unknown degrees-of-freedom, based on two types of missing data structures. The first two algorithms use the hierarchical model (3.5) with both the \( b_i \) and the \( \tau_i \) treated as missing. The third algorithm is based on the hierarchical model (3.7) which, by integrating out the \( b_i \), has just the \( \tau_i \) as missing data. The first two algorithms are computationally simpler, with closed-form expressions for the estimates of \( \beta, \Psi \), and \( \lambda \) in the maximization step, but require additional assumptions about the structure of the \( \Lambda_i \) matrices. The second algorithm, PX-EM, is an extension of the first algorithm, ECME, with improved convergence properties. The last algorithm has a more computationally intensive maximization step and, thus, tends to be slower than the other two algorithms, but allows more generality in the model specification and only requires minor modifications to existing software for fitting the Gaussian linear mixed-effects model (1.1). It should be noted that all three algorithms lead to the same MLEs (up to numerical round-off error) under the same structure of the \( \Lambda_i \) matrices.

Letting \( \psi \) denote a minimal set of parameters to determine \( \Psi \) (e.g. the upper triangular elements of \( \Psi \) in the unstructured case), we define the population parameters vector \( \theta = [\beta', \psi', \lambda', \nu']' \).
Compared to the Gaussian linear mixed-effects model (1.1), the multivariate \( t \) model (3.2) allows each subject to have its own scale \( \tau_i \), which is unobserved and needs to be imputed from the data. The different individual scales result in different weights for estimating the population parameters \( \theta \). For example, conditional on \( \Psi, \lambda \), and the \( \tau_i \), the ML estimate of \( \beta \) minimizes \( \sum_{i=1}^{m} \tau_i \delta_i^2 (\beta, \Psi, \lambda) \), with \( \delta_i^2 \) as defined as (3.8). Because \( \text{E} ( \tau_i | y_i ) \) decreases with \( \delta_i^2 \), subjects with larger residual sum of squares \( \delta_i^2 \) will have less weight in the determination of the ML estimates. The influence of \( \delta_i^2 \) on the \( \tau_i \) scales is controlled by the individual degrees-of-freedom \( \nu_{g(i)} \) – the smaller \( \nu_{g(i)} \) the larger the influence of \( \delta_i^2 \) on \( \tau_i \).

### 4.1 The EM Algorithm

The EM algorithm (Dempster, Laird and Rubin, 1977) is a popular iterative algorithm for ML estimation in models with incomplete data. More specifically, let \( y_{\text{obs}} \) denote the observed data and \( y_{\text{mis}} \) denote the missing data. The complete data \( y_{\text{com}} = (y_{\text{obs}}, y_{\text{mis}}) \) is \( y_{\text{obs}} \) augmented with \( y_{\text{mis}} \). We denote by \( f(y_{\text{com}} | \theta) \) the complete-data likelihood function of a parameter vector \( \theta \in \Theta \), by \( L(\theta) = f(y_{\text{obs}} | \theta) \) the log-likelihood function and by \( Q(\theta | \theta') \) the expected complete-data log-likelihood

\[
Q(\theta | \theta') = \text{E} \{ \ln [f(y_{\text{com}} | \theta)] | y_{\text{obs}}, \theta' \}.
\]

Each iteration of the EM algorithm consists of two steps, the *Expectation* step and the *Maximization* step:

**E-step:** Compute \( Q(\theta | \theta^{(t)}) \) as a function of \( \theta \);

**M-step:** Find \( \theta^{(t+1)} \) such that \( Q(\theta^{(t+1)} | \theta^{(t)}) = \max_{\theta \in \Theta} Q(\theta | \theta^{(t)}) \).

Each iteration of the EM algorithm increases the likelihood function \( L(\theta) \) and the EM algorithm typically converges to a local or global maximum of \( L(\theta) \) (Dempster et al., 1977; Wu, 1983). As recommended in the literature, it is useful to run the EM algorithm (and all the EM-type algorithms discussed below) several times with different starting values.

When the M-step in the EM algorithm is difficult to implement, it is often useful to replace it with a sequence of constrained maximization (CM) steps, each of which maximizes \( Q(\theta | \theta^{(t)}) \) over \( \theta \) with some function of \( \theta \) held fixed. The sequence of CM-steps is such that the overall maximization is over the full parameter space. This leads to a simple extension of the EM algorithm, called the ECM algorithm (Meng and Rubin, 1993). A further extension of the EM algorithm is the ECME algorithm (Liu and Rubin, 1994). This algorithm replaces each CM-step of ECM with a CM-step that maximizes either the constrained \( Q \) function, as in ECM, or the correspondingly constrained \( L \) function. As pointed out by Meng and van Dyk (1997), an E-step is required before a sequence of CM-steps that maximize the constrained \( Q \) function. Liu and Rubin (1994) showed that ECME typically shares with EM the simplicity and stability, but has a faster rate of convergence, especially for the \( t \)-distribution with unknown degrees-of-freedom.
4.2 EM Algorithms with \( b \) and \( \tau \) as Missing Data

First consider the hierarchical multivariate \( t \) model (3.5) with both the \( b \) and the \( \tau \) as missing data. For simplicity, assume that

\[
L_i = \sigma^2_{h(i)} R_i, \quad i = 1, \ldots, m, \tag{4.1}
\]

with \( h(i) \in \{1, \ldots, l\} \) representing the variance group to which the \( i \)th subject belongs. Note that the variance groups \( h(i) \) can be distinct from the degrees-of-freedom groups \( g(i) \) defined in (3.6). As with the degrees-of-freedom, the variance group membership for the different subjects needs to be specified with the model. The \( R_i \) are known matrices, usually equal to the identity. We denote by \( \sigma^2 \) the unique elements in \( \{\sigma^2_1, \ldots, \sigma^2_m\} \).

The within-subject covariance structure (4.1) allows for variance heterogeneity among different groups of subjects, but does not include serial correlation structures such as in ARMA models (Box et al., 1994).

4.2.1 ML estimation using ECME

Let \( y = [y_1', \ldots, y_m']', b = [b_1', \ldots, b_m']', \) and \( \tau = [\tau_1, \ldots, \tau_m] \). Under the constraints (4.1), the log-likelihood for the complete data in the multivariate \( t \) linear mixed-effects model (3.2) with unknown degrees-of-freedom \( \nu = (\nu_1, \ldots, \nu_k) \) is

\[
L(\beta, \Psi, \sigma^2 | y, b, \tau) = L_1(\beta, \sigma^2 | y, b, \tau) + L_2(\Psi | b, \tau) + L_3(\nu | \tau) + \text{constant},
\]

where

\[
L_1(\beta, \sigma^2 | y, b, \tau) = \sum_{i=1}^{m} \left[ -\frac{\eta_i}{2} \ln \sigma^2_{h(i)} - \frac{\tau_i}{2\sigma^2_{h(i)}} (y_i - X_i \beta - Z_i b_i)' R_i^{-1} (y_i - X_i \beta - Z_i b_i) \right]
\]

\[
= -\sum_{i=1}^{m} \frac{\eta_i}{2} \ln \sigma^2_{h(i)} - \sum_{i=1}^{m} \frac{\tau_i}{2\sigma^2_{h(i)}} \text{trace} \left[ R_i^{-1} (y_i - Z_i b_i) (y_i - Z_i b_i)' \right]
+ \sum_{i=1}^{m} \frac{\tau_i}{\sigma^2_{h(i)}} \beta' X_i' R_i^{-1} (y_i - Z_i b_i) - \sum_{i=1}^{m} \frac{\tau_i}{2\sigma^2_{h(i)}} \beta' X_i' R_i^{-1} X_i \beta,
\]

\[
L_2(\Psi | b, \tau) = -\frac{m}{2} \ln |\Psi| - \frac{1}{2} \text{trace} \left( \Psi^{-1} \sum_{i=1}^{m} \tau_i b_i b_i' \right),
\]

and

\[
L_3(\nu | \tau) = \sum_{j=1}^{k} \sum_{i: g(i) = j} \left\{ \frac{\nu_j}{2} \ln \left( \frac{\nu_j}{2} \right) + \ln (\tau_i) - \ln (\tau_i) - \ln \left( \Gamma \left( \frac{\nu_j}{2} \right) \right) \right\}.
\]

Letting

\[
\tilde{\tau}_i = E(\tau_i | \theta = \tilde{\theta}, y), \quad \tilde{b}_i = E(b_i | \theta = \tilde{\theta}, y), \quad \text{and} \quad \tilde{\Omega}_i = \tau_i \text{cov}(b_i | \theta = \tilde{\theta}, y),
\]

8
we obtain
\[ \widehat{\Omega}_i = \widehat{\Psi} - \widehat{\Psi} (\widehat{Z}_i \widehat{Z}_i' + \sigma^2_{h(i)} R_i)^{-1} \widehat{Z}_i \widehat{\Psi} = \left( \widehat{\Psi}^{-1} + \frac{1}{\sigma^2_{h(i)}} \widehat{Z}_i' R_i^{-1} \widehat{Z}_i \right)^{-1}, \] (4.2)
\[ \widehat{b}_i = \widehat{\Psi} (\widehat{Z}_i \widehat{Z}_i' + \sigma^2_{h(i)} R_i)^{-1} (y_i - X_i \widehat{\beta}) \]
\[ = \left( \widehat{\Psi}^{-1} + \frac{1}{\sigma^2_{h(i)}} \widehat{Z}_i' R_i^{-1} \widehat{Z}_i \right)^{-1} \frac{1}{\sigma^2_{h(i)}} \widehat{Z}_i' R_i^{-1} (y_i - X_i \widehat{\beta}), \] and
\[ \widehat{\tau}_i = \frac{\nu_{g(i)} + n_i}{\nu_{g(i)} + \delta^2_{i}(\widehat{\beta}, \widehat{\Psi}, \sigma^2)}. \]

From standard multivariate analysis results (Fang and Zhang, 1990, p. 4) we have
\[ [(y_i - X_i \beta)', b_i'] \left[ Z_i \Psi Z_i' + \sigma^2_{h(i)} R_i \right]^{-1} \left[ y_i - X_i \beta \right] = b'_i \Psi^{-1} b_i + \frac{1}{\sigma^2_{h(i)}} (y_i - X_i \beta - Z_i b_i)' R_i^{-1} (y_i - X_i \beta - Z_i b_i). \]

Replacing \( \theta \) and \( b_i \) with their current estimates, we obtain the following useful decomposition:
\[ \delta^2_{i}(\widehat{\beta}, \widehat{\Psi}, \sigma^2) = (y_i - X_i \widehat{\beta})' (Z_i \widehat{\Psi} Z_i' + \sigma^2_{h(i)} R_i)^{-1} (y_i - X_i \widehat{\beta}) \]
\[ = \hat{b}_i \Psi^{-1} \hat{b}_i + \frac{1}{\sigma^2_{h(i)}} (y_i - X_i \widehat{\beta} - Z_i \hat{b}_i)' R_i^{-1} (y_i - X_i \widehat{\beta} - Z_i \hat{b}_i) = \delta^2_{\theta} + \delta^2_{e_i}. \] (4.3)

Equation (4.3) provides a simple way to compute \( \delta^2_{i}(\widehat{\beta}, \widehat{\Psi}, \sigma^2) \) as well as the weights \( \widehat{\tau}_i \). It also gives some insight on how the estimated random effects \( \hat{b}_i \) and the estimated residuals \( \hat{e}_i = y_i - X_i \widehat{\beta} - Z_i \hat{b}_i \) affect the individual weights \( \widehat{\tau}_i \).

Using simple algebra we get
\[ E \left[ L_1(\beta, \sigma^2|y, b, \tau)| \widehat{\beta}, \widehat{\theta} \right] = - \sum_{i=1}^{m} \frac{n_i}{2} \ln \sigma^2_{h(i)} - \sum_{i=1}^{m} \frac{1}{2 \sigma^2_{h(i)}} \text{trace} \left[ R_i^{-1} \left( \widehat{\tau}_i (y_i - Z_i \hat{b}_i) (y_i - Z_i \hat{b}_i)' + Z_i \widehat{\Omega}_i Z_i' \right) \right] \]
\[ + \sum_{i=1}^{m} \frac{\widehat{\tau}_i}{\sigma^2_{h(i)}} \beta' X_i' R_i^{-1} (y_i - Z_i \hat{b}_i) - \sum_{i=1}^{m} \frac{\widehat{\tau}_i}{2 \sigma^2_{h(i)}} \beta' X_i' R_i^{-1} X_i \beta, \]
\[ E \left[ L_2(\Psi|b, \tau)|y, \widehat{\theta} \right] = - \frac{1}{2} \ln |\Psi| - \frac{1}{2} \text{trace} \left[ \Psi^{-1} \sum_{i=1}^{m} \left( \widehat{\tau}_i \hat{b}_i \hat{b}_i' + \widehat{\Omega}_i \right) \right], \]
and
\[ E \left[ L_3(\nu|\tau)|y, \widehat{\theta} \right] = \sum_{j=1}^{k} \sum_{v: g(i) = j} \left\{ \frac{\nu_j}{2} \left( \ln \left( \frac{\nu_j}{2} \right) + E \left[ \ln (\tau_j) | y, \widehat{\theta} \right] - \hat{\tau}_j \right) - E \left[ \ln (\tau_j) | y, \widehat{\theta} \right] - \ln \left[ \Gamma \left( \frac{\nu_j}{2} \right) \right] \right\}. \]

9
We then have the following ECM algorithm:

**E-step:** Given $\theta = \hat{\theta}$, compute $\hat{b}_i$, $\hat{\tau}_i$, and $\hat{\Omega}_i$ for $i = 1, \ldots, m$, using (4.2).

**CM-step 1:** Fix $\sigma_{h(i)}^2 = \hat{\sigma}_{h(i)}^2$ for $i = 1, \ldots, m$ and update $\beta$ by maximizing $E \left[ L_1(\beta, \sigma^2 | y, b, \tau) | y, \hat{\theta} \right]$ over $\beta$, which leads to

$$
\hat{\beta} = \left( \sum_{i=1}^{m} \frac{\hat{\tau}_i}{\sigma_{h(i)}^2} X_i' R_i^{-1} X_i \right)^{-1} \sum_{i=1}^{m} \frac{\hat{\tau}_i}{\sigma_{h(i)}^2} X_i' R_i^{-1} (y_i - Z_i \hat{b}_i).
$$

**CM-step 2:** Fix $\beta = \hat{\beta}$ and update $\hat{\sigma}_{h(i)}^2$ for $i = 1, \ldots, m$ by maximizing $E \left[ L_1(\beta, \sigma^2 | y, b, \tau) | y, \hat{\theta} \right]$ over $\sigma_{h(i)}^2$, which gives, for $j = 1, \ldots, l$

$$
\hat{\sigma}_j^2 = \sum_{i : h(i) = j} \left[ \hat{\tau}_i (y_i - X_i \hat{\beta} - Z_i \hat{b}_i)' R_i^{-1} (y_i - X_i \hat{\beta} - Z_i \hat{b}_i) + \text{trace}(\hat{\Omega}_i Z_i' R_i^{-1} Z_i) \right] / \sum_{i : g(i) = j} n_i.
$$

**CM-step 3:** Update $\hat{\Psi}$ by maximizing $E \left[ L_2(\Psi | b, \tau) | y, \hat{\theta} \right]$ over $\Psi$, that is,

$$
\hat{\Psi} = \frac{1}{m} \sum_{i=1}^{m} \left( \frac{\hat{\tau}_i}{\sigma_{h(i)}^2} \hat{b}_i + \hat{\Omega}_i \right).
$$

**CM-step 4:** Update $\nu$ by maximizing $E \left[ L_2(\nu | y, \hat{\theta}) | y, \hat{\theta} \right]$ over $\nu$, that is, for $j = 1, \ldots, k$

$$
\hat{\nu}_j = \arg \max_{\nu} \sum_{i : g(i) = j} \left( \frac{\nu}{2} \left\{ \ln \left( \frac{\nu}{2} \right) + E \left[ \ln (\tau_i) | y, \hat{\theta} \right] \right\} - \hat{\tau}_i \right) - \ln \left[ \Gamma \left( \frac{\nu}{2} \right) \right].
$$

Note that this requires only an one-dimensional search and can be obtained, for example, using the Newton-Raphson method (Thisted, 1988, §4.2.2).

Because $E \left[ \ln (\tau_i) | y, \hat{\theta} \right]$ does not have a closed-form expression, the one-dimensional search involved in the CM-step 4 of the ECM algorithm can be very slow. To circumvent this problem, we use an ECME algorithm that has the same E and CM steps (1 through 3) for updating the estimates of $\beta$, $\Psi$, and $\sigma^2$ as the ECM algorithm described before, but with the CM-step 4 modified into a CML step that maximizes the constrained likelihood over the degrees-of-freedom with $\beta$, $\Psi$, and $\sigma^2$ fixed at their current estimates. This constrained likelihood is computed using

$$
y_{i \text{ ind}} \sim t_{n_i} \left( X_i \beta, Z_i \tilde{\Psi} Z_i' + \sigma_{h(i)}^2 R_i, \nu_j \right), \quad \text{for } i : g(i) = j.
$$

More specifically, we have

**CML-step 4:** Update each unknown $\nu_j$ ($j = 1, \ldots, l$) as

$$
\hat{\nu}_j = \arg \max_{\nu} \sum_{i : g(i) = j} \left\{ \ln \left[ \Gamma \left( \frac{\nu + n_i}{2} \right) \right] - \ln \left[ \Gamma \left( \frac{\nu}{2} \right) \right] + \frac{\nu}{2} \ln (\nu) - \frac{\nu + n_i}{2} \ln \left[ \nu + \hat{\sigma}_j^2 \left( \beta, \tilde{\Psi}, \sigma^2 \right) \right] \right\}.
$$

As in CM-step 4, this requires only a one-dimensional search, but all terms involved are now written in closed form.
Liu and Rubin (1994) and Liu and Rubin (1995) showed that the ECME algorithm converges dramatically faster than the ECM algorithm in both number of iterations and CPU time.

When the degrees-of-freedom are known, the CML-step 4 of the ECME algorithm can be omitted and the known $\nu$ used in place of $\hat{\nu}$ in the remaining steps.

### 4.2.2 Accelerating EM via parameter expansion

Liu, Rubin and Wu (1998) proposed the method of Parameter Expansion (PX) to accelerate EM-type algorithms and showed that the PX-EM algorithm shares the simplicity and stability of ordinary EM, but has a faster rate of convergence. The intuitive idea behind PX-EM is to use a covariance adjustment to correct the analysis of the M step, capitalizing on extra information captured in the imputed complete data. Technically, PX-EM expands the complete-data model $f(y_{\text{com}} | \theta)$ to a larger model, $f_x(y_{\text{com}} | \theta)$, with $\Theta = (\theta_*, \alpha)$, where $\theta_*$ plays the same role in $f_x(y_{\text{com}} | \theta)$ that $\theta$ plays in $f(y_{\text{com}} | \theta)$, and $\alpha$ is an auxiliary parameter whose value is fixed at $\alpha_0$ in the original model. Formally, two conditions must be satisfied. First, the observed-data model is preserved in the sense that, for all $\Theta$, there is a common many-to-one reduction function $R$, such that $y_{\text{obs}} | \Theta \sim f\{y_{\text{obs}} | \theta = R(\Theta)\}$. Secondly, the complete-data model is preserved at the null value of $\alpha$, $\alpha_0$, in the sense that, for all $\theta$, $f_x(y_{\text{com}} | \Theta = (\theta_*, \alpha_0)) = f(y_{\text{com}} | \theta = \theta_*)$. These conditions imply that if $\theta_1 \neq \theta_2$ then $\Theta_1 \neq \Theta_2$, and that, for all $\theta$, there exists at least one $\Theta$ such that $y_{\text{obs}} | \Theta \sim f\{y_{\text{obs}} | \theta = R(\Theta)\}$.

The PX-EM algorithm uses $f_x(y_{\text{com}} | \Theta)$ to generate an EM algorithm, by iteratively maximizing the expected log-likelihood of $f_x(y_{\text{com}} | \Theta)$. Specifically, let $\Theta^{(t)} = (\theta^{(t)}, \alpha_0)$ be the estimate of $\Theta$ with $\alpha^{(t)} = \alpha_0$ from the $t$th iteration. Then, at the $(t + 1)^{th}$ iteration:

**PX-E step:** Compute $Q_x\left(\Theta | \Theta^{(t)}\right) = E_{y_{\text{com}}} \{\log f_x(y_{\text{com}} | \Theta) | y_{\text{obs}}, \Theta^{(t)}\}$.

**PX-M step:** Find $\Theta^{(t+1)} = \arg\max_{\Theta} Q_x(\Theta | \Theta^{(t)})$; then apply the reduction function $R(\theta)$ to obtain $\theta^{(t+1)} = R(\Theta^{(t+1)})$.

Liu et al. (1998) implemented the PX-EM algorithm for both the multivariate t distribution and the general linear mixed-effects models. Following Liu et al. (1998), we show how the PX-EM algorithm can be used in the context of the multivariate $t$ model (which includes the multivariate t distribution and the linear mixed-effects models considered by Liu et al. (1998) as special cases) to accelerate the ECME algorithm described in Section 4.2.1, by adjusting the M step using parameter expansions based on the imputed weights $\hat{\tau}_i$ and the imputed random effects $\hat{b}_i$. This adjustment to the current estimates of $\sigma_j^2$ and $\Psi$ is related to the method of Kent, Tyler and Vardi (1994) in terms of efficient implementation of EM for maximum likelihood estimation with the $t$ distribution, as shown by Meng and van Dyk (1997).

The imputed values of $\tau_i$ are only used in the ECME algorithm of Section 4.2.1 to update the estimates of $\beta$, $\Psi$, and $\sigma_j^2$. The goodness-of-fit of the model $\tau_i \sim \text{Gamma}(\nu_{g(i)}/2, \nu_{g(i)}/2)$ to these values is ignored by the ECME algorithm. We make use of this information to adjust the current
estimates, by expanding the parameter space to include the scale parameter $\gamma$ such that

$$\tau_i \sim \text{Gamma} \left( \frac{\nu_g(i)}{2}, \frac{\nu_g(i)}{2} \right), \quad i = 1, \ldots, m.$$ 

With the current estimate of $\gamma$ fixed at $\gamma_0 = 1$, routine algebraic operations lead to the following CM-step for updating $\gamma$:

$$\hat{\gamma} = \frac{\sum_{i=1}^{m} \nu_g(i) \hat{\tau}_i}{\sum_{i=1}^{m} \nu_g(i)}.$$ 

Because

$$y_i | \beta, \Psi, \sigma^2, \gamma \sim t_{n_i} \left( X_i \beta, 1, \frac{1}{\gamma} (Z_i \Psi Z_i' + \sigma^2_{h(i)} R_i), \nu_g(i) \right), \quad i = 1, \ldots, m,$$

the application of the reduction function in the PX-EM algorithm leads to adjustments in the estimates of $\Psi$ and $\sigma^2$, which correspond to replacing their CM-steps in the previous ECME algorithm with

**CM-step 2.X1:**

$$\hat{\sigma}^2_j = \frac{\sum_{i=1}^{m} \nu_g(i) \sum_{i:j(h(i))=j} \left[ \hat{\tau}_i (y_i - X_i \hat{\beta} - Z_i \hat{b}_i)' R_i^{-1} (y_i - X_i \hat{\beta} - Z_i \hat{b}_i) + \text{trace}(\hat{\Omega}_i Z_i' R_i^{-1} Z_i) \right]}{\sum_{i:j(h(i))=j} n_i}$$

for $j = 1, \ldots, l$.

**CM-step 3.X1:**

$$\hat{\Psi} = \frac{\sum_{i=1}^{m} \nu_g(i) \sum_{i=1}^{m} \left( \hat{\tau}_i \hat{b}_i \hat{b}_i' + \hat{\Omega}_i \right)}{m}.$$ 

The PX-EM algorithm can also be used to adjust the current parameter estimates by making use of the information on the covariance matrices between $y_i$ and $b_i$, given $\tau_i$, that is, $Z_i \Psi / \tau_i$, for all $i = 1, \ldots, m$. To do this, we expand the parameter space to include a $q \times q$ matrix $\zeta$ in such a way that the complete-data model for $y_i$ becomes

$$y_i | b_i, \tau_i \sim \text{ind} N \left( X_i \beta + Z_i \zeta b_i, \frac{\sigma^2_{h(i)} R_i}{\tau_i} \right), \quad i = 1, \ldots, m.$$ 

The covariance matrix between $y_i$ and $b_i$ given $\tau_i$ is then $Z_i \zeta \Psi / \tau_i$.

Letting the current estimate of $\zeta$ be $\zeta_0 = I_q$, the $q \times q$ identity matrix, and the other parameters be fixed at their current estimates, a CM-step for updating $\zeta$ (together with $\beta$) is obtained as follows.
CM-step 1.X1:

\[
\begin{bmatrix}
\hat{\beta} \\
\text{vec}(\hat{\zeta})
\end{bmatrix} = 
\left[ 
\sum_{i=1}^{m} \frac{1}{\hat{\sigma}_{b(i)}^2} \left( \frac{\hat{\tau}_i}{\hat{\tau}_i} \hat{X}^t_i \hat{R}_{i}^{-1} \hat{X}_i + \frac{\hat{\tau}_i}{\hat{\tau}_i} \hat{R}_i^{-1} (\hat{b}_i \otimes \hat{Z}_i) \right) \right]^{-1} 
\sum_{i=1}^{m} \frac{\hat{\tau}_i}{\hat{\sigma}_{b(i)}^2} \left( \frac{\hat{X}^t_i}{\hat{X}_i} \hat{R}_i^{-1} \hat{y}_i, \\
\frac{\hat{X}^t_i}{\hat{X}_i} \hat{R}_i^{-1} \hat{y}_i \right),
\]

where vec(\hat{\zeta}) = \left( \hat{\zeta}_{1,1}, ..., \hat{\zeta}_{q,1}, ..., \hat{\zeta}_{1,q}, ..., \hat{\zeta}_{q,q} \right)' and \otimes stands for the Kronecker operator.

The application of the reduction function in PX-EM replaces the current estimate of \(\Psi, \hat{\Psi} \), with \(\hat{\zeta} \hat{\Psi} \hat{\zeta} \).

Meng and van Dyk (1998) proposed an alternative method for accelerating EM for maximum likelihood estimation of linear mixed-effects models. As shown by Gelman (1997) and Liu et al. (1998), PX-EM converges faster than the implementation of Meng and van Dyk (1998). Note that implementation of PX-EM requires minor modifications of the existing EM code, as indicated by the above three CM-steps of PX-EM. In addition, both the EM and PX-EM can be implemented easily in standard software, such as S-PLUS.

4.3 ML Estimation Integrating out the \(b_i\)

The EM algorithms described in Section 4.2 provides closed form expressions for updating the estimates of \(\theta\), but require that the within-subject covariance matrices \(\Lambda_i\) be constrained to the form given in (4.1). A more flexible formulation, with no constraints on the \(\Lambda_i\), can be used when the \(b_i\) are integrated out of the complete data likelihood, so that only the \(\tau_i\) are treated as missing data, at the expense of a more computationally intensive CM-step. We describe here an ECME algorithm for this missing data scheme. With the augmented complete data consisting of the observed data and missing \(\tau_i\) (not the random effects \(b_i\)), ECME versions of the two algorithms in previous sections can be implemented to update the fixed effects, as in Laird and Ware (1982) and Liu and Rubin (1994), and the variance components, as in Liu and Rubin (1994) and Schafer (1998).

The log-likelihood of the complete data \([y', \tau']\) in the multivariate t model (3.2) is

\[
L(\beta, \Psi, \lambda|y, \tau) = L_1(\beta, \Psi, \lambda|y, \tau) + \text{constant},
\]

where

\[
L_1(\beta, \Psi, \lambda|y, \tau) = -\frac{1}{2} \sum_{i=1}^{m} \left[ n_i \log |V_i| + \tau_i (y_i - X_i \beta)' V_i^{-1} (y_i - X_i \beta) \right],
\]

with \(V_i = \Lambda_i + Z_i \hat{\Psi} \hat{Z}_i\). Letting \(\hat{\tau}_i\) be defined as in (4.2), it follows that

\[
E \left[ L_1(\beta, \Psi, \lambda|y, \hat{\theta}) | y, \hat{\theta} \right] = -\frac{1}{2} \sum_{i=1}^{m} \left[ n_i \log |V_i| + \hat{\tau}_i (y_i - X_i \beta)' V_i^{-1} (y_i - X_i \beta) \right]
\]

and, therefore, the following ECME algorithm can be used to obtain the MLEs of \(\theta\).
**E-step:** Given $\theta = \hat{\theta}$, compute $\hat{\tau}_i = (\bar{\nu}_g(i) + n_i) / \left[ \bar{\nu}_g(i) + \delta_i^2 \left( \hat{\beta}, \hat{\Psi}, \hat{\lambda} \right) \right]$, with $\delta_i^2 (\beta, \Psi, \lambda)$ as defined in (3.8).

**CM-step:** For fixed $\hat{\tau}$, update $\hat{\beta}$, $\hat{\Psi}$, and $\hat{\lambda}$ by maximizing the function $E \left[ L_1(\beta, \Psi, \lambda | y, \tau) | y, \hat{\theta} \right]$ over $\beta$, $\Psi$, and $\lambda$.

When the degrees-of-freedom $\nu_g(i)$ are unknown, an additional CML-step, identical to CML-step 4 of the ECME algorithm described in Section 4.2.1, is used to estimate the $\nu_j$, $j = 1, \ldots, k$.

The CM-step in this ECME algorithm is equivalent to maximum likelihood estimation in the Gaussian linear mixed-effects model $y_i = X_i^* \beta + Z_i b_i + e_i$, $i = 1, \ldots, m$, where $y_i^* = \sqrt{\tau_i} y_i$ and $X_i^* = \sqrt{\tau_i} X_i$. Reliable and efficient implementations of Newton-Raphson algorithms for obtaining the MLEs in the general Gaussian linear mixed-effects model (1.1) are available in commercial products such as SAS (PROC MIXED) and S-PLUS (lme function). These programs can be used to implement the ECME algorithm described here at low additional cost. We have used the lme function to implement the ECME algorithm described here in S-PLUS. This implementation allows the degrees-of-freedom to be fixed in advance, or estimated from the data.

The decomposition of $\delta_i^2 (\hat{\beta}, \hat{\Psi}, \hat{\lambda})$ given in (4.3) remains valid for general $\Lambda_i$. That is,

$$ \delta_i^2 = \hat{\delta}_i^2 (\hat{\beta}, \hat{\Psi}, \hat{\lambda}) = \hat{b}_i^t \hat{\Psi}^{-1} \hat{b}_i + \left( y_i - X_i \hat{\beta} - Z_i \hat{b}_i \right)^t \hat{\Lambda}_i \left( y_i - X_i \hat{\beta} - Z_i \hat{b}_i \right) = \hat{\delta}_b^2 + \hat{\delta}_{e_i}^2, $$

where $\hat{b}_i = E \left( b_i | y_i, \hat{\theta} \right) = \hat{\Psi} \hat{Z}_i \hat{V}_i^{-1} (y_i - X_i \hat{\beta})$.

### 4.4 Inference Based on the Maximum Likelihood Estimates

One is generally interested in using MLEs to obtain confidence intervals and test hypotheses about the parameters. Because the distribution of the MLEs cannot be explicitly derived, approximate inference methods must be employed. The most common method uses the asymptotic normal approximation to the distribution of the MLEs (Miller, 1977; Lange et al., 1989). Other methods include the bootstrap (Efron and Tibshirani, 1993) and likelihood profiling (Bates and Watts, 1988). These last two methods usually give more accurate approximations, but are computationally intensive for the multivariate $t$ model (3.2). This paper considers only confidence intervals and tests based on the normal approximation, concentrating on methods for the fixed effects $\beta$.

Asymptotic confidence intervals and tests based on the MLEs can be obtained using either the observed or the expected Fisher information matrix. For the multivariate $t$ model, these can be derived using the results in Appendix B of Lange et al. (1989). Let $J$ denote the expected Fisher information matrix for the marginal log-likelihood $L$ of the multivariate $t$ model and $\omega$ denote the set of parameters excluding the fixed effects, so that $\theta = (\beta', \omega')'$. It can be shown that

$$ J_{\beta\beta} = E \frac{\partial^2 L}{\partial \beta \partial \beta} = \sum_{i=1}^{m} \frac{\nu_{g(i)} + n_i}{\nu_{g(i)} + n_i + 2} X_i^t V_i^{-1} X_i \quad \text{and} \quad J_{\beta\omega} = E \frac{\partial^2 L}{\partial \beta \partial \omega} = 0. $$

It follows that the expected Fisher information matrix is block diagonal and, in particular, $[J^{-1}]_{\beta\beta} = J^{-1}_{\beta\beta}$. Asymptotic confidence intervals and hypothesis tests for the fixed effects are obtained assu-
ing that the MLE \( \hat{\beta} \) has approximately a \( N_p (\beta, J^{-1} \beta) \) distribution. In practice, \( J_{\beta\beta} \) is usually unknown and has to be replaced by its MLE \( \hat{J}_{\beta\beta} \).

### 4.5 Choosing Starting Values for the Parameters

As with most iterative optimization procedures, initial values for the parameters in the multivariate \( t \) model must be provided to any of the EM-type algorithms described previously. A simple and generally successful algorithm for deriving initial estimates for the fixed effects \( \beta \) and the variance-covariance components \( \Psi \) and \( \lambda \) is to fit separate regression models to each subject in the sample and to form “method of moments” estimates of the population parameters by averaging out the individual estimates. That is, letting \( \hat{\beta}_i \) and \( \hat{\lambda}_i \) denote the individual parameter estimates obtained by fitting a linear regression to the data of the \( i \)th subject, \( i = 1, \ldots, m \), the initial values for the EM-type algorithms are calculated as

\[
\hat{\beta}_0 = \frac{1}{m} \sum_{i=1}^{m} \hat{\beta}_i, \quad \hat{\Psi}_0 = \frac{1}{m} \sum_{i=1}^{m} (\hat{\beta}_i - \hat{\beta}_0) (\hat{\beta}_i - \hat{\beta}_0)' / (m - 1), \quad \hat{\lambda}_0 = \frac{1}{m} \sum_{i=1}^{m} \hat{\lambda}_i / m. \tag{4.4}
\]

If the parameters in \( \Lambda_i \) vary according to which group \( h(i) \in \{1, \ldots, l\} \) subject \( i \) belongs (e.g., model (4.1)), separate initial estimates are obtained averaging over the separate groups \( \hat{\lambda}_h = \sum_{i: h(i) = h} \hat{\lambda}_i / m_h \), where \( m_h \) denotes the number of subjects in group \( h \).

If the degrees-of-freedom \( \nu_g \) for the multivariate \( t \) distributions are assumed unknown, initial values for them also need to be provided. It is generally enough to use a relative large initial value for the \( \nu_g \), say \( \hat{\nu}_0 = 40 \), which corresponds to an initial assumption of near-normality for the random effects and within-subject errors.

The EM-type algorithms described in the previous sections tend to be robust to the choice of starting values for the parameters but, depending on characteristics of the data and of the model being used, convergence to local optima may occur. Therefore, it is recommended that different starting values be used with the algorithms to assess the stability of the resulting estimates.

### 5. COMPARING THE GAUSSIAN AND THE MULTIVARIATE \( t \) MLEs

In this section we compare the MLEs under the Gaussian model (1.1) to the MLEs obtained under the multivariate \( t \) model (3.2). Firstly, we compare the Gaussian MLEs and the multivariate \( t \) MLEs for the orthodontic growth example of Section 2. The performance of the two sets of estimators are then compared under different outlier patterns, using results of a simulation.

#### 5.1 The Orthodontic Growth Example Revisited

The distributional assumptions for the Gaussian version of the orthodontic growth model (2.1) are: \( b_i \overset{\text{ind}}{\sim} N(0, \Psi) \) and \( e_{ij} \overset{\text{ind}}{\sim} N(0, \sigma^2_{h(i)}) \), with the \( b_i \) independent of the \( e_{ij} \). \( h(i) = I_i(F) + 1 \) denotes
the gender group for the $i$th subject. The corresponding MLEs are given below.

$$
\begin{pmatrix}
\hat{\beta}_0 \\
\hat{\delta}_0 \\
\hat{\beta}_1 \\
\hat{\delta}_1
\end{pmatrix} =
\begin{bmatrix}
16.34 \\
1.03 \\
0.78 \\
-0.31
\end{bmatrix},
\quad
\hat{\Psi} =
\begin{bmatrix}
3.20 & -0.11 \\
-0.11 & 0.02
\end{bmatrix},
\quad
\begin{bmatrix}
\hat{\sigma}_1^2 \\
\hat{\sigma}_2^2
\end{bmatrix} =
\begin{bmatrix}
2.63 \\
0.45
\end{bmatrix}.
$$

(5.1)

The corresponding approximate standard errors for the MLEs of the fixed effects, given by the square-roots of the diagonal elements of $(\sum_{i=1}^m X_i'\hat{\Psi}^{-1}X_i)^{-1}$, are

$$
\hat{\sigma}(\hat{\beta}_0) = 1.111 \quad \hat{\sigma}(\hat{\delta}_0) = 1.335 \quad \hat{\sigma}(\hat{\beta}_1) = 0.097 \quad \hat{\sigma}(\hat{\delta}_1) = 0.115.
$$

A multivariate $t$ version of model (2.1) is specified by the following distributional assumptions:

$$
b_i | \tau_i \sim \mathcal{N}(\mathbf{0}, \tau_i^{-1}\hat{\Psi}) \quad e_{ij} | \tau_i \sim \mathcal{N}(0, \tau_i^{-1}\hat{\sigma}^2_{h(i)}) \quad \tau_i \sim \text{Gamma}(\nu_{h(i)}/2, \nu_{h(i)}/2),$$

which imply that $b_i \sim t(0, \hat{\Psi}, \nu_{h(i)})$, $e_{ij} \sim t(0, \hat{\sigma}^2_{h(i)}, \nu_{h(i)})$. Note that, in this case, the degrees-of-freedom groups are the same as the variance groups. An alternative $t$ model would use the same degrees-of-freedom for boys and girls (i.e., $\tau_i \sim \text{Gamma}(\nu/2, \nu/2)$ for all $i$). We use the more general $t$ model with assumptions (5.2).

As mentioned in Section 3, the parameters $\hat{\Psi}$, $\hat{\sigma}_1^2$, and $\hat{\sigma}_2^2$ in the Gaussian model do not have the same interpretation as in the multivariate $t$ model. To make the MLEs comparable, we consider the parameters $\text{var} (b_i) = \hat{\Psi}_{g(i)}(t) = [\nu_{h(i)}/(\nu_{h(i)} - 2)] \hat{\Psi}$ and $\text{var} (e_{ij}) = \sigma^2_{h(i)}(t) = [\nu_{h(i)}/(\nu_{h(i)} - 2)] \hat{\sigma}^2_{h(i)}$. The fixed effects $\hat{\beta}_0, \hat{\delta}_0, \hat{\beta}_1, \hat{\delta}_1$ have the same interpretation in both models: they represent the population average of the individual parameters and establish the growth patterns for an “average girl” and an “average boy” in the population. The MLEs for the multivariate $t$ model are shown below.

$$
\begin{pmatrix}
\hat{\beta}_0 \\
\hat{\delta}_0 \\
\hat{\beta}_1 \\
\hat{\delta}_1
\end{pmatrix} =
\begin{bmatrix}
16.83 \\
0.54 \\
0.73 \\
-0.25
\end{bmatrix},
\quad
\hat{\Psi}_1(t) =
\begin{bmatrix}
4.79 & -0.16 \\
-0.16 & 0.03
\end{bmatrix},
\quad
\hat{\Psi}_2(t) =
\begin{bmatrix}
3.13 & -0.11 \\
-0.11 & 0.02
\end{bmatrix},
\quad
\begin{pmatrix}
\hat{\sigma}_1^2(t) \\
\hat{\sigma}_2^2(t)
\end{pmatrix} =
\begin{bmatrix}
2.43 \\
0.45
\end{bmatrix},
\quad
\begin{pmatrix}
\hat{\nu}_1 \\
\hat{\nu}_2
\end{pmatrix} =
\begin{bmatrix}
5.78 \\
\infty
\end{bmatrix}.
$$

(5.3)

The corresponding approximate standard errors for the MLEs of the fixed effects, given by the square-roots of the diagonal elements of the $\hat{J}_\beta^{-1}$ matrix defined in Section 4.4, are

$$
\hat{\sigma}(\hat{\beta}_0) = 0.995 \quad \hat{\sigma}(\hat{\delta}_0) = 1.237 \quad \hat{\sigma}(\hat{\beta}_1) = 0.086 \quad \hat{\sigma}(\hat{\delta}_1) = 0.106.
$$

These are consistently smaller than the corresponding estimated standard errors in the Gaussian model.
The multivariate $t$ MLEs for the orthodontic growth model with unknown degrees-of-freedom were obtained using the three EM algorithms described in Section 4: the ECME algorithm of Section 4.2.1, its PX-EM version presented in Section 4.2.2, and the ECME algorithm of Section 4.3. Stand-alone implementations of the first two algorithms, written in C, were used to obtain the corresponding MLEs, while a modified version of the `lme` function in S-PLUS was used for the third algorithm, denoted by S-PLUS-ECME. Table 1 presents the number of EM iterations and the user time (on an SGI Challenge XL workstation running Iris 5.3) used to obtain the multivariate $t$ MLEs in the orthodontic growth example, for each algorithm implementation. A relative tolerance of $10^{-7}$ for the estimates of all parameters in the model was used as the convergence criterion for the three algorithms. Because the implementations use languages with very different characteristics (compiled C and interpreted S-PLUS), the user times in Table 1 are not directly comparable, but give a sense of the actual performance of the algorithms in a practical setting.

Table 1 about here

Comparing these estimates to the Gaussian MLEs in (5.1), we see that the estimates of the incremental parameters ($\delta_0$ and $\delta_1$) fixed effects and the boys’ random effects covariance matrix $\Psi_1(t)$ are considerable different. The multivariate $t$ MLEs of $\delta_0$ and $\delta_1$ are respectively 50% smaller and 20% larger than the corresponding Gaussian MLEs. The boys’ random effects variances multivariate $t$ MLEs are 50% larger than the Gaussian MLEs. The MLEs of the girls’ parameters are essentially unchanged. Using

$$t_\nu (\mu, \sigma^2) \xrightarrow{\nu \to \infty} N(\mu, \sigma^2),$$

it is clear that the estimated degrees-of-freedom $\hat{\nu}_2$ indicate that a Gaussian model is adequate for the girls’ orthodontic growth. This multivariate $t$-Gaussian model is used with the orthodontic growth data for the remainder of this section. The parameter estimates are identical to (5.3). Note that there is a single extra parameter being estimated in this model compared to the Gaussian model (2.1), corresponding to the degrees-of-freedom $\nu$ of the boys’ $t$-distribution.

To better understand the differences between the MLEs under the Gaussian and the multivariate $t$ models, we consider the approximate distributions of the fixed effects estimators (corresponding to the asymptotic distributions evaluated at the MLEs) for each model, presented in Figure 4.

Figure 4 about here

The incremental parameters $\delta_0$ and $\delta_1$ have estimates closer to zero in the multivariate $t$ model and the slope for the girls $\beta_1$ appears to be overestimated under the Gaussian model. The estimated variability for the MLEs is smaller in the multivariate $t$ fit, suggesting that the parameters are estimated with greater precision.
Because of (5.4), the Gaussian linear mixed-effects model (1.1) can be viewed as a particular case of the multivariate t model (3.2). In the orthodontic growth example, the maximum log-likelihood for the Gaussian model is $-203.02$ and for the multivariate t model the maximum log-likelihood is $-200.40$, corresponding to likelihood ratio statistic of 5.237 (p-value of 0.022). This indicates that the multivariate t model fits the data significantly better than the Gaussian model.

The estimated average distances $\hat{\delta}_i^2$, $\hat{\delta}_{bi}^2$, and $\hat{\delta}_{ei}^2$, defined in (4.3), provide useful diagnostic statistics for identifying subjects with outlying observations. Note that, under the Gaussian model (1.1), $E(\delta_i) = q$, $E(\delta_{ei}) = E[(y_i - X_i\beta - Z_i{\hat{b}}_i)^T \Lambda_i^{-1} (y_i - X_i\beta - Z_i{\hat{b}}_i)] = n_i$, and $E[\delta_i^2 (\beta, \Psi, \lambda)] = n_i$. Therefore, $\hat{\delta}_i^2/n_i$, $\hat{\delta}_{bi}^2/q$, and $\hat{\delta}_{ei}^2/n_i$ are expected to be close to 1 under the Gaussian model, and can be used as diagnostics statistics for identifying subjects with outliers (under this Gaussian model). Figure 5 presents these diagnostic statistics for the boys (because of the large value of $\hat{\delta}_i^2$, the girls’ estimated weights $\hat{\tau}_i$ are all essentially equal to 1). Subjects M09 and M13 present large values of $\hat{\delta}_i^2$ and $\hat{\delta}_{ei}^2$, suggesting outlying observations at the within-subject level. This is consistent with the preliminary plot of the data, included in Figure 1, which suggests that both subjects have unusual growth patterns. The $\hat{\delta}_i^2$ plot gives some indication that subject M10 is possibly a b-outlier, which cannot be concluded from Figure 3. Inspection of Figure 1 reveals that this subject has an unusually high orthodontic distance at the time of the first measurement.

**Figure 5 about here**

Other multivariate t and Gaussian models can be used to describe the orthodontic growth data. The Welsh and Richardson (1997) version of the multivariate t model replaces assumptions (5.2) with a common number of degrees-of-freedom and a common residual variance, that is,

$$b_i | \tau_i \simind \mathcal{N} \left( 0, \tau_i^{-1} \Psi \right) \quad e_{ij} | \tau_i \simind \mathcal{N} \left( 0, \tau_i^{-1} \sigma^2 \right) \quad \tau_i \simind \text{Gamma} \left( \nu/2, \nu/2 \right),$$

with $\Psi$ assumed diagonal. The maximum log-likelihood corresponding to this model is $-206.41$. Because this model is a sub-model of the multivariate t determined by (5.2), they can be compared via a likelihood ratio test. The likelihood ratio test statistic is 12.01 (p-value of 0.003) indicating that the more general model is significantly better. A variation of the Welsh and Richardson (1997) model is obtained by allowing a general $\Psi$ and the within-subject variance to vary with gender (i.e., $e_{ij} | \tau_i \simind \mathcal{N}(0, \tau_i^{-1} \sigma^2_{h(i)})$). The maximum log-likelihood of this model, $-201.24$, is smaller than the maximum log-likelihood of the multivariate t-Gaussian model, and because they have the same number of parameters, the latter is preferred. Another model that can be considered for the orthodontic growth data is a Gaussian model with separate distributions for boys and girls. This is equivalent to fitting separate Gaussian models to each gender. This model uses 2 parameters more than the multivariate t-Gaussian model to produce a smaller maximum log-likelihood, -202.56, indicating that the multivariate t-Gaussian model should be preferred.

### 5.1.1 Influence of a single outlier

The robustness of the multivariate t MLEs with respect to the Gaussian MLEs can also be assessed
through the influence of a single outlying observation (corresponding to a single e-outlier) on the estimated parameters. To simplify, we consider only the model for the girls, which can be represented as

\[ y_{ij} = \beta_0 + \beta_1 t_j + b_{0i} + b_1 t_j + e_{ij}, \quad i = 1, \ldots , 11 \quad j = 1, \ldots , 4, \]

with \( b_{0i} \sim \mathcal{N}(0, \Psi) \) and \( e_{ij} \sim \mathcal{N}(0, \sigma^2) \) in the Gaussian model and \( b_{i|\tau_i} \sim \mathcal{N}(0, \tau^{-1}_i \Psi) \), \( e_{ij|\tau_i} \sim \mathcal{N}(0, \tau^{-1}_i \sigma^2_{h(i)}) \), and \( \tau_i \sim \text{Gamma}(\nu/2, \nu/2) \) in the multivariate t model.

We consider the influence of a change of \( \Delta \) units in a single measurement on the estimated parameters. That is, we replace a single data point \( y_{ij} \) by the contaminated value \( y_{ij}(\Delta) = y_{ij} + \Delta \), re-estimate the parameters, and record the relative change in the estimates \( \left( \hat{\theta}(\Delta) - \hat{\theta} \right) / \hat{\theta} \), where \( \hat{\theta} \) denotes the original estimate and \( \hat{\theta}(\Delta) \) the estimate for the contaminated data. In this example, we contaminated a typical value, the fourth observation (age = 14 years) on subject F01, and varied \( \Delta \) between -20mm and 20mm by increments of 2mm. The Gaussian and the multivariate t fits were identical for the uncontaminated data in this case. Because \( \Psi \) and \( \sigma^2 \) have different interpretations under the Gaussian model (1.1) and the multivariate t model (3.2), and even within the multivariate t model for different degrees-of-freedom, we concentrate here on the estimation of the fixed effects \( \beta \), which have the same interpretation under both models and for different degrees-of-freedom within the multivariate t model. We study the influence of the single outlier \( y_{ij}(\Delta) \) on the estimation of \( \hat{\beta} \) and of its estimated covariance matrix \( V_{\hat{\beta}} \).

Figure 6 presents the percent change curves for \( \hat{\beta} \) and the upper-triangular elements of \( V_{\hat{\beta}} \) for different values of \( \Delta \).

The influence of the single outlier is unbounded in the case of the Gaussian model, but clearly bounded in the multivariate t model. In the Gaussian model, the outlying observation has considerable more impact on the estimates of \( V_{\hat{\beta}} \) (changes between -2000% and 1800%), than on the fixed effects \( \hat{\beta} \) (changes up to \pm 60%). This has a direct impact on inferences drawn from the fit: confidence intervals increase unboundedly and test statistics go to zero. In the multivariate t fit, the influence of the single outlier for the fixed effects estimates remains bounded between -10% and 6% and for the estimates of \( V_{\hat{\beta}} \) it remains between -107% and 86%.

For closer contamination values (\( |\Delta| \leq 2 \)), the multivariate t fit and the Gaussian fit are essentially identical and therefore have the same influence curves. This occurs because the contaminated observation is not distant enough from the typical data to be identified as an outlier, resulting in \( \hat{\nu} = \infty \). Therefore, the two estimation methods will have about the same efficiency for no or close contamination cases.

5.2 Comparing the MLEs Under Different Outlier Patterns

To compare the performance of the maximum likelihood estimators under the Gaussian model (1.1)
and the multivariate $t$ model (3.2), we conducted a simulation study involving different patterns of $b$- and $e$-outliers.

The linear mixed-effects model used to simulate the data is

$$y_i = X (\beta + b_i) + e_i, \quad i = 1, \ldots, 27, \quad X = \begin{bmatrix} 1 & 8 \\
1 & 10 \\
1 & 12 \\
1 & 14 \end{bmatrix},$$

with the following mixture of normals models being used to contaminate the distributions of the $b_i$ and the $e_i$.

$$b_i \overset{\text{ind}}{\sim} (1 - p_b) \cdot N(0, \Psi) + p_b f \cdot N(0, \Psi),$$

$$e_{ij} \overset{\text{ind}}{\sim} (1 - p_e) \cdot N(0, \sigma^2) + p_e f \cdot N(0, \sigma^2), \quad i = 1, \ldots, 27, \quad j = 1, \ldots, 4,$$

where $p_b$ and $p_e$ denote, respectively, the expected percentage of $b$- and $e$-outliers in the data and $f$ denotes the contamination factor. This model is a simplified version of the orthodontic growth model (2.1), with no gender differences. The parameters in the uncontaminated distributions are similar to the MLEs (5.3). It follows from (5.6) that $\text{var} (b_i) = \left[1 + (f^2 - 1) p_b\right] \Psi$ and $\text{var} (e_{ij}) = \left[1 + (f^2 - 1) p_e\right] \sigma^2$.

All thirty-two combinations of $p_b, p_e = 0, 0.05, 0.1, 0.25$, and $f = 2, 4$ were used in the simulation study. The $f = 2$ case corresponds to a close contamination pattern, while $f = 4$ illustrates a more distant contamination pattern. A total of 500 Monte Carlo replications were obtained for each $(p_b, p_e, f)$ combination.

An S-PLUS implementation of the ECME algorithm of Section 4.3 was used to obtain the multivariate $t$ MLEs at each replication. For the Gaussian MLEs, the lme function in S-PLUS (Pinheiro and Bates, 2000) was used. To enhance the comparability of the results, the same data set was used to obtain the multivariate $t$ estimates and the Gaussian estimates, at each replication. The degrees-of-freedom for the multivariate $t$-distribution were assumed unknown, being estimated in the ECME algorithm.

As mentioned in Section 5.1, $\Psi$ and $\sigma^2$ have different interpretations under the Gaussian model (1.1) and the multivariate $t$ model (3.2) and their corresponding MLEs under the two models cannot be directly compared. As before, we concentrate on the estimation of the fixed effects $\beta$, which have the same interpretation under both models.

For the simulation model (5.5), under estimation method $E$, the approximate covariance matrix $V_{\hat{\beta}}$ of the fixed effects estimates has the form

$$V_{\hat{\beta}} = \left[\hat{\sigma}_E^2 (X'X)^{-1} + \hat{\Psi}_E\right]/m.$$

Under the Gaussian model, $\hat{\sigma}_G^2 = \hat{\sigma}^2$ and $\hat{\Psi}_G = \hat{\Psi}$, while under the multivariate $t$ model $\hat{\sigma}_T^2 = m \left[\sum_{i=1}^m (\hat{\nu}_{h(i)} + n_i) / (\hat{\nu}_{h(i)} + n_i + 2)\right]^{-1} \hat{\sigma}^2$ and $\hat{\Psi}_T = m \left[\sum_{i=1}^m (\hat{\nu}_{h(i)} + n_i) / (\hat{\nu}_{h(i)} + n_i + 2)\right]^{-1} \hat{\Psi}$,
with \( \hat{\theta} \) denoting the MLE of \( \theta \) under the appropriate estimation method. For the purpose of the simulation study, robustness is determined by how close the estimated values are to the parameters of the uncontaminated distribution. The asymptotic covariance matrix for the MLE of \( \beta \) based on the uncontaminated data only is 
\[
\sigma^2 \left( X'X \right)^{-1} + \Psi \] /m. Therefore, we define \( \sigma^2 \) as the target value for \( \hat{\sigma}^2_G \) and \( \hat{\sigma}^2_T \), \( \sigma^2 \) and \( \Psi \) as the target value for \( \hat{\Psi}_G \) and \( \hat{\Psi}_T \). These estimators can then be used to compare the performance of the two estimation methods with respect to the variance-covariance components \( \Psi \) and \( \sigma^2 \).

The following parameters, with respective target values, are used in the comparison of the two estimation methods:
\[
\beta_0 = 17, \quad \beta_1 = 0.8, \quad \Psi_{11} = 4, \quad \Psi_{22} = 0.0225, \quad \Psi_{12} = 0, \quad \text{and} \quad \sigma^2 = 1.
\]

For the Gaussian model, the MLEs are considered and for the multivariate \( t \) model the MLEs of the fixed effects and the modified estimators \( \hat{\Psi}_T \) and \( \hat{\sigma}^2_T \) of the variance-covariance components are considered.

Let \( \theta \) denote a parameter of interest, with target value \( \theta_0 \neq 0 \), estimated by \( \hat{\theta} \). The efficiency of the Gaussian estimator \( \hat{\theta}_G \) relative to the multivariate \( t \) estimator \( \hat{\theta}_T \) is defined as the ratio of the respective mean square errors, 
\[
E \left( \hat{\theta}_G - \theta_0 \right)^2 / E \left( \hat{\theta}_T - \theta_0 \right)^2.
\]

Expectations are taken with respect to the simulation distribution, that is, 
\[
E \left( \hat{\theta} - \theta_0 \right)^2 = \frac{\sum_{i=1}^{500} (\hat{\theta}_i - \theta_0)^2}{500}.
\]

Figures 7 and 8 present the relative efficiency of the multivariate \( t \) estimators with respect to the Gaussian estimators. There are substantial gains in efficiency for all parameters under the more distant contamination patterns (\( f = 4 \)) and moderate gains under the close contamination patterns (\( f = 2 \)). The efficiency gains are bigger for the variance-covariance components than for the fixed effects. The two methods have about the same efficiency under the no-contamination case. For the close contamination patterns (Figure 7), the efficiency increases with the percentage of \( b \)– and \( e \)–outliers (except for the \( \Psi_{11} \) parameter, for which there is a slight efficiency decrease when the percentage of \( e \)–outliers increases from 10\% to 25\%). In the case of distant contamination (Figure 8, the efficiency shows a non-monotone behavior with respect to the percentage of \( b \)– and \( e \)–outliers. This pattern suggests that the multivariate \( t \) model is more robust than the Gaussian model especially for moderate percentages (5-10\%) of outliers.

**Figures 7 and 8 about here**

The simulation results for the mean square error (not shown here) indicate that outliers affect the variance-covariance components estimates more than they affect the fixed effects estimates. The precision of the estimator of \( \sigma^2 \) seems to be affected only by the percentage of \( e \)–outliers, while the fixed effects and random effects variance-covariance components estimators are affected by both types of outliers.

The MLEs of the fixed effects are nearly unbiased (relative bias \( \leq 0.7\% \)) for both estimation methods under all contamination patterns. The bias for the variance-covariance components follows
the same basic pattern as the mean square error: it increases with the percentage of $e$-outliers, is insensitive to the percentage of $b$-outliers for $\sigma^2$, and increases in absolute value with the percentage of both types of outliers for the random effects variance-covariance components.

The coverage probabilities of the approximate 95% confidence intervals for the fixed effects, not included here, are generally close to the nominal level for both estimation methods, with the smallest coverage probability 90.4% and the largest 97%. The coverage probabilities tend to increase with the percentage of outliers, because the fixed effects estimators remain unbiased and the confidence intervals get larger. The average length of the 95% confidence intervals is about the same under Gaussian and multivariate $t$ estimation for the close contamination patterns, but 10% to 25% larger in the Gaussian model for the more distant contamination patterns.

6. CONCLUSION

This article describes a robust version of the linear mixed-effects model of Laird and Ware (1982) in which the Gaussian distributions for the random effects and the within-subject errors are replaced by multivariate $t$-distributions. Analysis of examples and simulation results indicate that the multivariate $t$ linear mixed-effects model substantially outperforms the Gaussian model when outliers are present in the data, even in moderate amounts. Gains in efficiency for the multivariate $t$ MLEs relative to the Gaussian MLEs, under outlier contamination, are observed for all parameters, being particularly high in the estimation of variance-covariance components, ranging from 20%–30% in the case of close contamination (two standard deviations) to 200%–400% in the case of distant contamination (four standard deviations). This has a direct impact on confidence intervals and test statistics obtained from the fit, which determine all inferences drawn from the estimated model. The influence function is bounded for the multivariate $t$ model and unbounded for the Gaussian model. The multivariate $t$ model also provides diagnostics tools for graphically identifying subjects with outlying observations.

We describe EM-type algorithms for efficient maximum likelihood estimation under two missing data structures: with both the random effects and the individual weights treated as missing and with only the individual weights treated as missing. The former leads to algorithms with closed form expressions for both the E- and the M-step, but imposes some restrictions on the correlation structure of the within-subject errors. The algorithm corresponding to the latter missing data structure, which allows general correlation structures for the within-subject errors, involves a more computationally intensive M-step, but can be implemented using existing, reliable software.

Our model formulation assumes that a single weight $\tau_i$ is associated with both the random effects and the within-subject error, for each subject. A more general formulation would allow different weights for the random effects and for the within-subject errors, with possibly different degrees-of-freedom. The main difficulty with this approach is that the marginal distribution of $y_i$ and the conditional distributions of $\tau_i|y_i$ become intractable and, as a result, the E-step of the EM-type algorithms becomes a far more complex numerical problem. The EM-type algorithms described in this paper cannot be directly extended to the more general multivariate $t$ model.
Because we believe that the cases in which this more general multivariate t model could perform better than the simpler single weight model are not likely to be observed in practice, we feel that the latter is more useful in applications, because it is considerably simpler to implement.

The robust estimation approach described in this article can also be extended to nonlinear mixed-effects models (Lindstrom and Bates, 1990). The computations become considerably more complex, but algorithms based on linear approximations to the marginal distribution of the $y_i$ can, in principle, be used in conjunction with the methods described here.

ACKNOWLEDGMENTS

We would like to thank Diane Lambert, an associate editor, and two anonymous referees for their helpful comments and suggestions. All these have helped us improve the article greatly.

REFERENCES


Table 1: Number of iterations and user time to obtain the multivariate $t$ maximum likelihood estimates in the orthodontic growth model.

<table>
<thead>
<tr>
<th>Algorithm</th>
<th>Iterations</th>
<th>Time (sec)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECME for missing $b_i$ and $\tau_i$</td>
<td>268</td>
<td>3.01</td>
</tr>
<tr>
<td>PX-EM</td>
<td>134</td>
<td>2.51</td>
</tr>
<tr>
<td>S-PLUS-ECME for missing $\tau_i$</td>
<td>16</td>
<td>78.16</td>
</tr>
</tbody>
</table>
Figure 1: Orthodontic growth patterns in 16 boys (M) and 11 girls (F) between 8 and 14 years of age. Lines represent the individual least squares fits of the simple linear regression model.
Figure 2: Residuals versus fitted values plots by gender, corresponding to individual least squares fits of the orthodontic growth data.
Figure 3: Normal plots of estimated coefficients corresponding to individual least squares fits of the orthodontic growth data.
Figure 4: Approximate densities of the fixed effects MLEs in the orthodontic growth model (2.1) under Gaussian and multivariate $t$ estimation.
Figure 5: Estimated $\delta_i^2$ (Total), $\delta_{b_i}$ (R.E.), and $\delta_{e_i}$ (Error) for boys in the multivariate $t$ fit of the orthodontic distance data.
Figure 6: Percent change in maximum likelihood estimates under the Gaussian and multivariate $t$ models for different contaminations $\Delta$ of a single observation.
Figure 7: Relative efficiencies of the multivariate $t$ MLEs with respect to the Gaussian MLEs under close outlier contamination patterns.
Figure 8: Relative efficiencies of the multivariate $t$ MLEs with respect to the Gaussian MLEs under distant outlier contamination patterns.